

# Mood TRACKERS



# Mood Tracker

MONTH \_\_\_\_\_

A circular mood tracker divided into 31 segments, each representing a day of the month. The segments are numbered from 1 to 31 in a clockwise direction starting from the top right. The circle is currently empty, ready for a user to record their mood for each day.

NEUTRAL

TIRED

STRESSED

GRUMPY

SICK

SAD

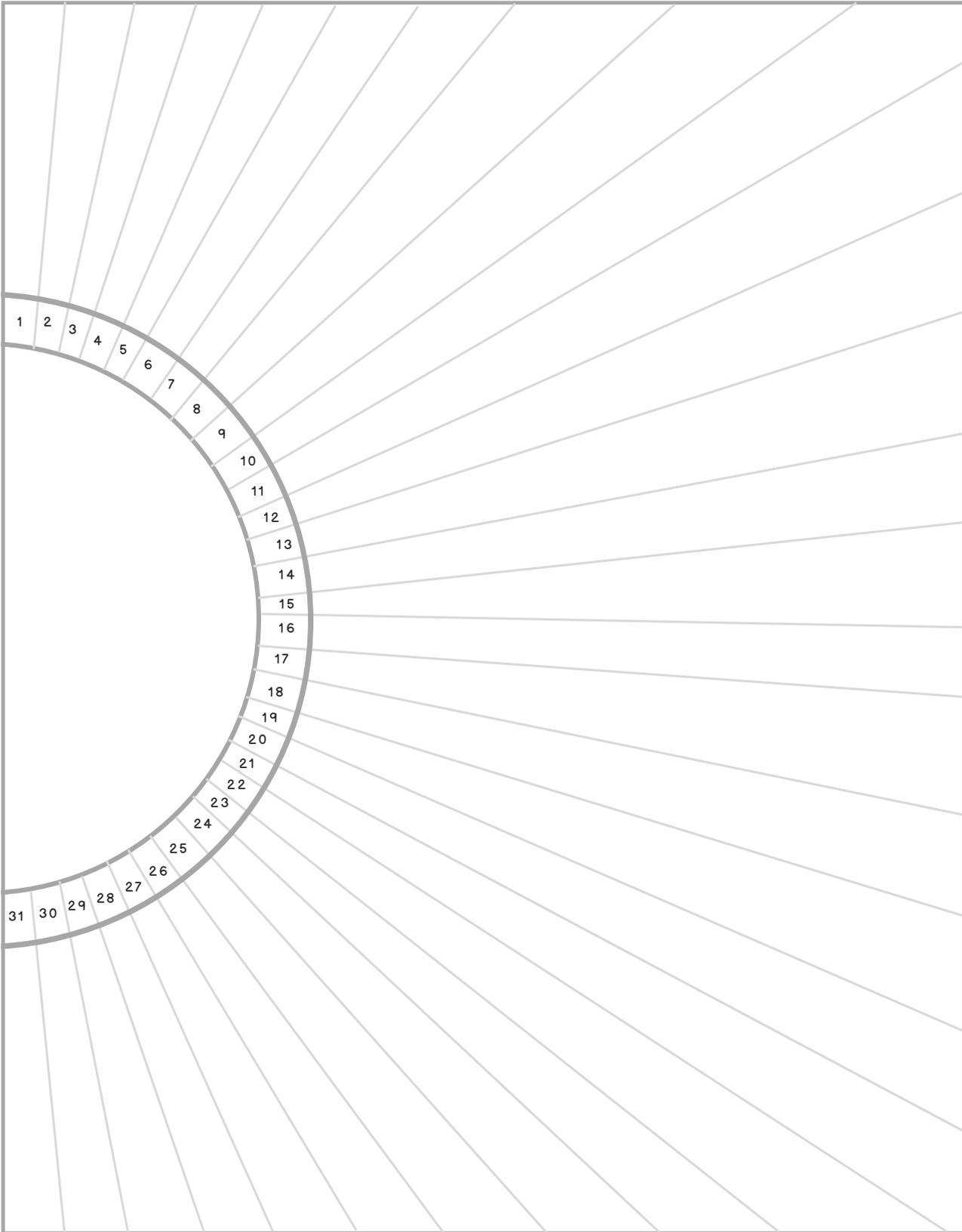
RELAXED

HAPPY

ANGRY

# Mood Tracker

MONTH \_\_\_\_\_



NEUTRAL

GRUMPY

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TIRED

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# Mood Tracker

MONTH \_\_\_\_\_



# Mood Tracker

		J	F	M	A	M	J	J	A	A	O	N	D
1													
2													
3													
4													
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30													
31													

NEUTRAL

GRUMPY

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NAME \_\_\_\_\_

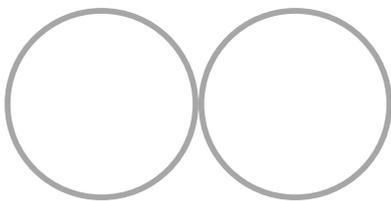
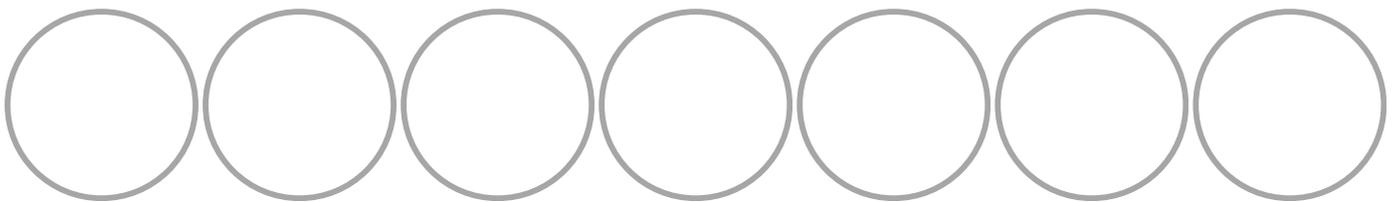
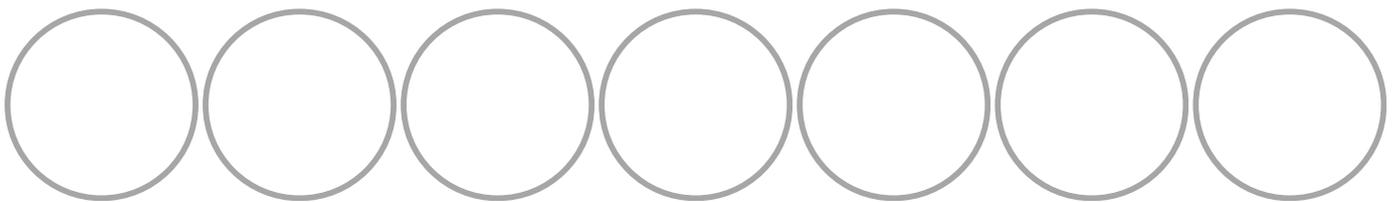
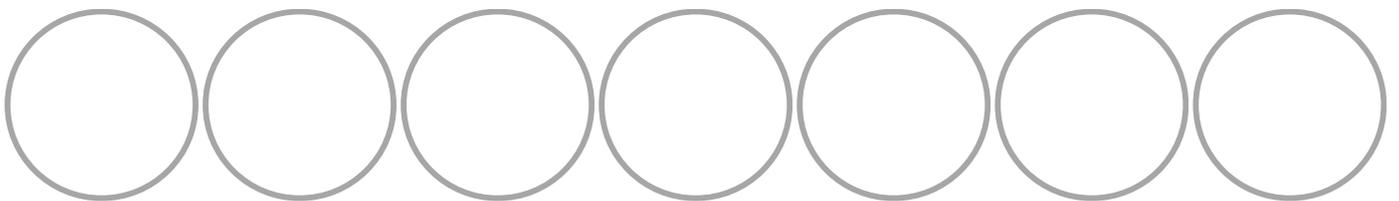
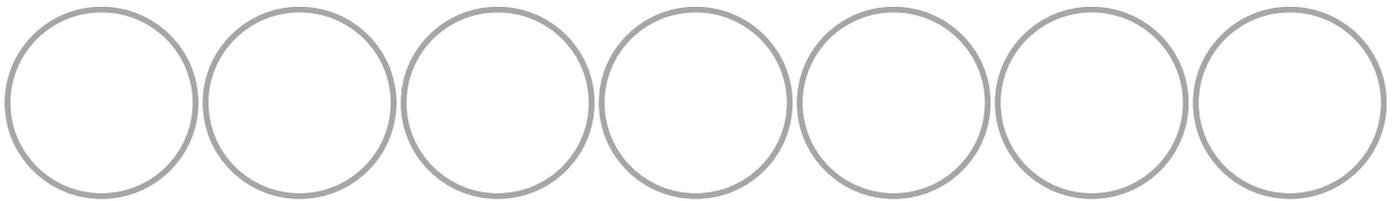
WEEK \_\_\_\_\_

# Today I Felt

	MON	TUE	WED	THU	FRI	SAT	SUN
							
							
							
							
							
							
							
							
							
							
							

# Mood Tracker

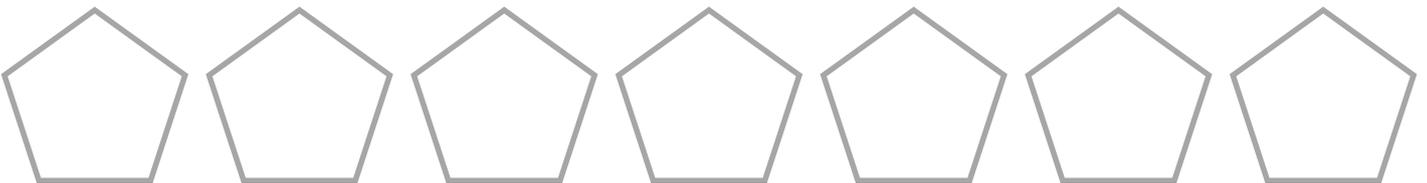
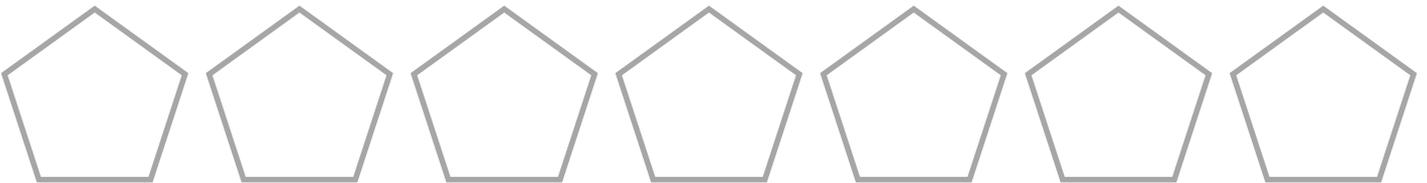
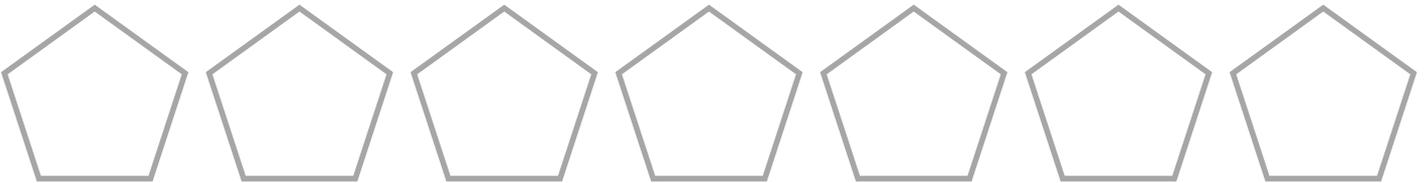
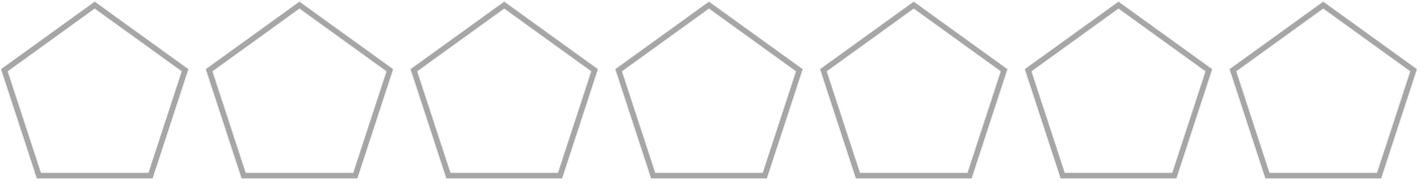
MONTH \_\_\_\_\_



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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Mood Tracker

MONTH \_\_\_\_\_



<input type="radio"/>	<input type="text"/>						
<input type="radio"/>	<input type="text"/>						
<input type="radio"/>	<input type="text"/>						

# Mood Tracker

MONTH \_\_\_\_\_



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>





